



Chapter 1: Let's Connect

Let's talk things over. Feel free to "pass" if you aren't ready to answer out loud.

DISCUSS:

Chapter 1 - What did YOU think? Disagree Don't understand Meh Flutter WOW!
Which idea do you want to talk about or respond to?

(Going Up The Mountain) Which of these best describes your life now, and why?

Picnic Happy Trails Storm My trail washed out High cliffs ahead Woohoo, what a view!

What are some of the ways people try to search for more *life*?
GOOD WAYS: NOT SURE: SERIOUSLY, JUST NO:

In John 10:10, Jesus said that he came to give us *more and better life*. What do you think he meant – Heaven when we die? More of the list above? Or something different?

What sorts of things make it easy to believe Jesus' promise? What things can make it hard?

Think about Jesus' intention. What kind of *more, better life* could you hope for right now?

CONNECT:

Have you ever experienced a significant moment of joy? Or comfort & love, when times were hard? Close your eyes. Remember that moment, and remember that feeling. Picture it in your mind and make it as vivid as possible. Then give your story a name. This week, practice remembering your story every day. This strengthens your connection to JOY! That connection to JOY is part of God's dream for you.